GLP/DIABETIC MEDICATION GUIDELINES

Center for Digestive Health - www.Center4DigestiveHealth.com - (248) 844-9710

Hold 7 Days Before Procedure	Hold 3 Days Before Procedure	1 Day before: ½ morning dose and hold evening dose, DO NOT take day of procedure
Any GLP on Clinical Trial	Canaglifozin (Invokana)	Acarbose (Precose)
Dulaglitide (Trulicity)	Dapagliflozin (Farxiga)	Alogliptin (Nesina)
Exenatide ER (Byetta, Bydureon)	Dapagliflozin/Metformin (Xijduo)	Bromocriptine (Cycloset)
Insulin glargine/Lixisenatide (Soliqua)	Empagliflozin/Metformin (Synjardy)	Colesevelam (Welchol)
Liraglutide (Saxenda, Victoza)	Empagliflozin (Jardiance)	Glimepiride (Amaryl)
Lixisenatide (Adlyxin)	Empagliflozin/Linagliptin/Metformin (Trijardy)	Glipizide (Glucotrol)
Naltrexone/Bupropion (Contrave)	Oral Daily Orforglipron (Foundayo)	Glyburide (Glynase)
Phentermine (Adipex-P)	Oral Daily Semaglutide (Rybelsus, Wegovy)	Linagliptin (Tradjenta)
Semaglutide (Ozempic, Wegovy, Rybelsus)		Metformin (Fortemet, Glucophage, Glumetza)
Tirzepatide (Mounjaro, Zepbound)		Nateglinide (Starlix)
		Pioglitazone (Actos)
		Repaglinide (Prandin)
		Rosiglitazone (Avandia)
		Saxagliptin (Onglyza)
		Sitagliptin (Januvia)
		Sitagliptin/Metformin (Janumet)



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INSULINS	
Long Acting- Administer 1/2 of normal dose the morning of the procedure	**Short/Intermediate Acting- DO NOT administer the day of (unless on a continuous pump)**
Degludec (Tresiba)	Aspart (Novolog)
Detemir (Levemir)	Glulisine (Apidra)
Glargine (Basaglar, Lantus, Rezvoglar, Semglee, Toujeo)	Lispro (Humalog)
	NPH (Humulin, Novolin)
	Regular (Humulin, Novolin)

FAILURE TO HOLD THESE MEDICATIONS WILL RESULT IN CANCELLATION OF YOUR PROCEDURE DUE TO ANESTHESIA RISKS

updated 10/2026