

## GLP-1/DIABETIC MEDICATION GUIDELINES

**GLP-1 medications:** both injections and pill form\***TAKEN FOR DIABETES AND/OR WEIGHT LOSS\***

For patients scheduled at **the ASC or Corewell Hospital** medication must be held for **at least 1 week**

- Ozempic (shot)
- Wegovy (shot)
- Trulicity (shot)
- Victoza (shot)
- Saxenda (shot)
- Byetta (shot)
- Bydureon BCise (shot)
- Mounjaro (shot)
- Zepbound (shot)
- Adlyxin (shot)
- Rybelsus (pill) \*If taking weekly
- Adipex (phentermine) **\*\*NOT A DIABETIC MED (used for appetite suppression/weight loss)\*\***

Diabetic medications, which are **not GLP-1** and should be stopped according to the diabetic guidelines:

For patients scheduled at **the ASC** and **Corewell Hospital** medication **hold 3 days prior**

- Invokana
- Farxiga
- Jardiance
- Rybelsus (pill) If taking daily

**Oral meds:** 1/2 morning dose and hold evening dose day before, do not take day of procedure

**NOTE: Please see next page for more detail of guidelines**

- Metformin (can also be taken for PCOS)
- Welchol
- Cycloset
- Januvia
- Onglyza
- Tradjenta
- Nesina
- Starlix
- Prandin
- Amaryl
- Glucotrol
- Glyburide
- Actos
- Avandia
- Acarbose

**Insulin injections:** 1/2 morning dose and 1/2 evening dose *day before*

**NOTE: Please see next page for more detail of guidelines**

Long-acting insulin (1/2 dose *morning of*): Lantus, Basaglar, Levemir, Toujeo, Tresiba

Short-acting insulin (STOP *day of* unless continuous pump): Novolog, Novolin, Humalog, Apidra

**NOTE: Please see next page for more detail of guidelines**

## Colonoscopy Prep – Diabetic Guidelines

All questions should be directed to the physician who manages your diabetes.

### Day before procedure

- If you are a **diabetic** taking **oral medication**, take ½ your usual morning dose and none in the evening.
- If you are a **diabetic** on **insulin**, take ½ your usual morning and evening dose.
- Check your blood glucose before all clear liquid meals and at bedtime.
- Check your blood glucose if you have symptoms of low or high blood sugar.
- Make sure to have both **Sugar-free** and **Regular** clear liquids, like jello, juices, and pop. Aim for 45 grams of carbohydrate at meals (broth and juice) and 15 – 30 grams of carbohydrate for snacks (jello, juice, or broth).

### Day of procedure

- If you are a **diabetic** taking **oral medications**, **DO NOT** take your medication until after your procedure. Test your blood sugar the morning of the procedure.
- If you are a **diabetic** on **insulin**, take ½ of your usual dose of long acting insulin.
  - (NPH, Lente, 70/30, 75/25, Lantus and Ultra-Lente) the morning of your procedure.
- **STOP short acting insulin** (Regular, Humalog, and Novolog), unless you are using a sliding scale or insulin pump for your dosage.
- Test your blood sugar the morning of your procedure and every 2 hrs until your procedure. We will check your blood glucose pre & post procedure.

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